



# GBHS Newsletter

October  
2011

## Notes from the Principal

Dear Parents,

At the time of this letter, we are 5 weeks into the school year. Mid-term grades are out, fall sports are at the mid-season mark and students have settled into their routines. We are preparing for a very busy month of October. In addition to all of our Fall sports reaching the last of their seasons in October, we have a Jazz Band concert, an Orchestra concert, a Vocal music concert, WAC Marching Fest, and Homecoming! I encourage each of you as parents to come out and see the many talents that your students have.

We at GBHS believe that our students will perform better and parents will feel more comfortable with us if we develop good, open relationships with "our customers", i.e. students and parents. One way to develop those relationships is to meet face to face. We will be having Parent/Teacher conferences from 5:00 p.m. – 8:00 p.m. on Oct. 17th and Oct. 18<sup>th</sup> and from 12:30 p.m. – 3:30 p.m. on Thursday, Oct. 20th. Please use this time as a chance to meet your son/daughter's teachers and to visit with GBHS administration and staff about the many great things that are happening here at the High School.

The first full week of October is designated as Anti-Bullying Awareness Week. We will have a more pronounced emphasis on bullying and bully behavior that week. Messages to students and parents will be sent out with stopping the behavior being the goal. Please work with us and your student to emphasize both awareness of and prevention of bullying that week and throughout the year. We want your students' experience at GBHS to be positive in every way possible. I encourage each of you to keep in touch with me and communicate ways that we at GBHS can help you and your student have that positive experience with us. Feel free to call me at 793-1521 or e-mail me at [tim.friess@usd428.net](mailto:tim.friess@usd428.net).

Tim Friess  
Principal

# Sale

Check out the USD 428 Surplus Property that we have for sale. The property pictures and pricing are located on the school webpage - [www.usd428.net](http://www.usd428.net) . USD 428 Surplus Property icon is on the left side of the screen.

## Journalism

The Special 9/11 Edition of the Panther Tales Newspaper is online and can be found at [www.greatbendhighpanthers.net](http://www.greatbendhighpanthers.net). Then, click on the Panther Tales link, Issue 1. Enjoy!

If you are the parent of a senior, packets were mailed home the week of September 12<sup>th</sup> for senior pictures, senior baby pictures and senior tributes, for the yearbook. If you have any questions, please email Mrs. Basden at [rachel.basden@usd428.net](mailto:rachel.basden@usd428.net).

We are still taking orders for the high school yearbook. If you have not ordered your 2011-2012 yearbook, be sure to get a form from the main office, during school hours, or from the journalism classroom, room 100, before or after school.

If you are a parent of GBHS athlete and have pictures from sports practices and/or sporting events, please feel free to email them to Mrs. Basden at [rachel.basden@usd428.net](mailto:rachel.basden@usd428.net) and they may end up in either the Panther Tales Newspaper or the Rhorea Yearbook, this year.

**Mrs. Rachel Basden**  
**Great Bend High School**  
**Journalism & English Teacher**  
**620-793-1521 ext. 372**



# Panther Enrichment Program (PEP)


Are you in danger of failing any of your classes? Would you like some help? In the library there will be teachers who want to help you pass your classes ready to tutor you. **Panther Enrichment Program (PEP)** will be in the library everyday from 7:30 – 8:00 and 3:15 – 4:15 except Friday. This is for any student who needs any help in any class. This is a FREE tutoring session for you, all you have to do is bring your assignments or book and come to the Library.

## Variety Show Reunion

On Saturday October 8th (football homecoming weekend) there will be a reunion Variety Show comprised of former vocal or instrumental music department students. The acts were previously performed by 'former' students during Variety shows during the last 40 years .

There will be a get together after the show for participants and members of the audience to reconnect with each other and some of the former directors who have taught at GBHS in the music dept. The show starts at 7 p.m..

This will hopefully be a time to reconnect and enjoy reliving some great memories!!!



# VENDOR SPACE AVAILABLE!



Deadline  
October 24th

## FBLA Business and Craft Festival

To register contact  
Cody Lee at GBHS (620) 793-1521 ext.102  
or register online at

[www.greatbendfbia.com/craftfair](http://www.greatbendfbia.com/craftfair)

# Bully Prevention: What Parents Need to Know About Cyber Bullying

Bullying is a national focus right now. There seems to be more and more news about students who have been bullied in all kinds of ways. The nature of today's world makes bullying a constant stress that young people live with 24 hours a day, and 7 days a week. With all the technology we have, students can experience bullying at any moment of any day. When a student receives texts, emails, or social networking posts about him/her that are deliberately and repeatedly hostile by an individual or group of people with the intent to harm the child it is called Cyber-bullying. It is this constant barrage of negative statements and harassment that cause some young people to go to the extreme of suicide to make it stop.

It is important that we as parents, educators, community members and friends see these attacks through technology as the very serious issue that it is. If you know about a child who is enduring this type of bullying, or know a child who is perpetuating this type of behavior, please contact the school and/or law enforcement. Unfortunately, a lot of this type of bullying happens outside of the school day, many times well into night time. The challenge is to get kids to tell the adults that it is happening. Here are a few steps that you can follow to protect your children from Cyber-bullying.

- Don't let your child keep their cell phone in their room at night. One of the most effective strategies used by parents is to charge the child's phone in the parent's room at night. You will know immediately if he/she is getting messages at night.

- Be your child's "friend" on Facebook, or other social networking sites. You will know who they are talking to, what they are saying, and what is being said about them.

- Check the text history on their phones.

- Talk to your child about what is happening around them at school, who their friends are, what they do in their free time and so on.

- If you know a student who is experiencing bullying, encourage them to report it. Too many times kids say it will get worse if they report. The honest truth is that it will not get better if they do not report it.

Cyber-bullying is something that many kids do not see as a serious issue. When a student is ready to commit suicide to make it stop, it is very serious. It is up to all of us to recognize it when it happens, report it to those who can help, and follow-up to see if the situation has improved. Help us help your children to stay safe from Cyber-bullying.

# News from the Guidance Office – October 2010

## Upcoming Visits with College Representatives:

- 10/17 - Fort Hays State University during lunch
- 10/25 - Garden City Community College during CAT
- 10/27 - Dodge City Community College during CAT
- 10/31 - Seward County Community College during lunch

## Dates to remember

- Oct. 12<sup>th</sup> PSAT for juniors & sophomores – 8 -11:30 (Gym)
- Oct. 14<sup>th</sup> PLAN test for sophomores A-J (Gym from 8:00-11:30)
- Oct. 20<sup>th</sup> PLAN test for sophomores K-Z (Gym from 8:00-11:30)
- Nov. 1<sup>st</sup> ASVAB
- Nov. 4<sup>th</sup> Registration deadline for December ACT

## Web Resources

### Scholarship Searches

- [www.scholarshiphelp.org](http://www.scholarshiphelp.org)
- [www.fastweb.com](http://www.fastweb.com)
- [www.cashe.com](http://www.cashe.com)
- [www.collegenet.com](http://www.collegenet.com)
- [www.asla-scholarships.org](http://www.asla-scholarships.org)
- [www.collegeedge.com](http://www.collegeedge.com)
- [www.finaid.com](http://www.finaid.com)
- [www.gocollege.com](http://www.gocollege.com)
- [www.ChristianConnector.com](http://www.ChristianConnector.com)
- [www.hsf.net](http://www.hsf.net)
- [www.meritaid.com](http://www.meritaid.com)

### College & Career Planning Test Prep

- [www.mapping-your-future.org](http://www.mapping-your-future.org)
- [www.act.org](http://www.act.org)
- [www.theeigroup.com](http://www.theeigroup.com)
- [www.testprepreview.com](http://www.testprepreview.com)

### College Choice Guide

Selecting the right college is difficult at best. When touring a campus ask the following questions to narrow down the options.

- What is the average number of students in each class?
- What percentage of students graduate in 4 years?
- What career planning services are available?
- What does the school do to help graduates find jobs? Does the school provide free placements services?
- What percentage of graduates find jobs?
- How much is tuition? Room and board?
- What kind of financial aid does the school offer?
- Are there work-study programs?
- Are payment plans available?
- What kind of refund can I get if I drop out?

## Upcoming College Events

### Fort Hays State University

Nov. 15<sup>th</sup> Science Day

**Nov. 15<sup>th</sup> (\*NEW\*) Priority Scholarship Deadline**

### Kansas State University

Oct. 28<sup>th</sup> Senior Day **Register at <http://consider.k-state.edu/seniors/>**

**Nov. 1st Priority Scholarship Deadline**

Dec. 15<sup>th</sup> Civic Leadership Scholarship deadline

**Multicultural Pride Day for juniors and seniors will be held on Friday, October 3rd. . Seniors will have the opportunity to discuss their academic interests with K-State faculty and juniors can attend sessions about being a multicultural student at KSU and about financial aid. The cost is \$20 for students, which includes program materials, parking, and lunch. Parents and guests may attend for \$15 each.**

**KSU Women's Rowing** team is interested in recruiting female athletes. The rowing program has Division I scholarship opportunities for students who may have little or no rowing experience. A competitive sports history and height – the ideal rower is 5'10 or taller - are the two primary criteria considered by KSU recruiters when making scholarship offers.

### University of Kansas

**Nov. 1<sup>st</sup> Priority Scholarship Deadline**

KU offers many senior days and each day is for a specified major. Space is limited and is available on a first-come, first serve basis, so register early. Register online at: [www.admissions.ku.edu/visit/special\\_visit/index.shtml#junior](http://www.admissions.ku.edu/visit/special_visit/index.shtml#junior).

Sept. 12<sup>th</sup>

Sept. 19<sup>th</sup>

Oct. 19<sup>th</sup>

Oct. 31<sup>st</sup>

Nov. 11<sup>th</sup>

Nov. 18<sup>th</sup>

**Senior Days that focus on specific academic areas:**

Sept. 23<sup>rd</sup> School of Journalism & School of Education

Sept. 30<sup>th</sup> Pre-Health Professions

Oct. 3<sup>rd</sup> Engineering

Oct. 21<sup>st</sup> School of Architecture & Design

Oct. 28<sup>th</sup> Creative Arts & Business

### Pittsburg State University - [www.pittstate.edu](http://www.pittstate.edu) – 1-800-854-7488

PSU offers the following special visit days:

Oct. 7<sup>th</sup> KS Technology Center Open House

Oct. 20<sup>th</sup> Opportunities in Business Day

Nov. 17<sup>th</sup> Art Day

Nov. 21<sup>st</sup> Family & Consumer Science Career Day

**Scholarship deadline – Feb. 1<sup>st</sup>**

Financial Aid Priority Deadline – March 1<sup>st</sup>

### **Emporia State University**

Emporia States offers several Saturday visits throughout the year. Students may sign up for visits at [www.emporia.edu/admiss](http://www.emporia.edu/admiss). For a complete list of scholarships available, visit [www.emporia.edu/finaid/scholarships](http://www.emporia.edu/finaid/scholarships).

**Kansas Wesleyan** offers MANY scholarships including a free residence hall room for KS residents who have a 2.5 GPA and an ACT score of 18. High school seniors that have a 3.75 GPA and a 25 ACT qualify for a \$10,000 Presidential Scholar scholarship. Check it out at [www.kwu.edu/enrollment/scholarships](http://www.kwu.edu/enrollment/scholarships)

### **Hutchinson Community College**

HCC is hosting the annual Fire Student Field Day on **October 12<sup>th</sup>** from 10:00 a.m. to 4:00 p.m. for students interested in a career in fire service. Students will discover and participate in fire fighting techniques and gain first-hand knowledge of firefighting as a career. Students wanting to attend should register prior to **October 7<sup>th</sup>** – a free barbeque is planned so pre-registration is required. [www.hutchcc.edu/fire](http://www.hutchcc.edu/fire)

### **Wichita State University**

WSU is offering high school seniors the chance to compete in the Distinguished Scholarship Invitational (DSI) for an opportunity to earn scholarships. To be considered for an invitation a student MUST complete the following BY October 1st:

- Submit an official high school transcript with a minimum 3.50 GPA
- Have a minimum ACT composite score of 24 or SAT score of 1110 on file with WSU
- Be admitted to WSU

See your high school counselor for more information.

**Kansas Independent Colleges and Universities website:** [www.kscolleges.org](http://www.kscolleges.org)

A GREAT website for access to the guide book to check out college visit dates and financial aid information for the independent colleges in KS.

## **SCHOLARSHIP INFORMATION**

### **Vocational Educational Scholarship Program**

**Oct. 14 – postmark deadline for Vocational Educational Scholarship Program.** Provides financial assistance to full-time students who enroll in designated one or two-year vocational programs. To apply for the scholarship you must be a Kansas resident and take the designated vocational scholarship test, which will be given on **November 5<sup>th</sup>** in Hays. See your counselor for an application.

### **Coca-Cola Scholarship**

This scholarship program is dedicated to selecting well-rounded students from every type of community across the nation. The Coca-Cola Foundation awards 250 merit based scholarships – 50 awards are for \$20,000 and 200 awards are for \$4,000. The scholarship can be used for any line of study at any accredited U.S. college or university. The application can be accessed at [www.coca-colascholars.org](http://www.coca-colascholars.org) and must be submitted before **October 31<sup>st</sup>**.

### **Horatio Alger Scholars Program**

Students who have overcome adversity so they may pursue higher education may be eligible for the Horatio Alger Scholarship. For more information go to

[www.horatioalger.org/scholarships](http://www.horatioalger.org/scholarships). Application deadline is **October 31<sup>st</sup>**.

### **Prudential Spirit of Community Awards**

The Spirit of Community Awards program identifies and rewards students solely on the basis of volunteer work performed in their community. To be eligible students must have engaged in a volunteer activity that occurred at least in part after September 1, 2010. Complete the online application at [www.prudential.com/spirit](http://www.prudential.com/spirit). Deadline to submit signed application to your principal AFTER completing it online is **November 1<sup>st</sup>**.

### **Gates Millennium Scholars Program**

Renewable, need based, merit scholarship. For those studying: computer science, education, engineering, library science, math, public health/science.

The students must be:

- Hispanic American, African American, American Indian/Alaska Native or Asian Pacific Islander American
- Be a citizen, national or legal permanent resident of the U.S.
- Have a high school GPA of 3.3
- Be a full time student in the fall of 2011
- Have leadership abilities through participation in community service and other extracurricular activities
- Meet federal Pell Grant eligibility criteria (FAFSA)

Complete and submit the student application, (nominee personal information form); evaluation (nominator form) and an evaluation of community service/leadership (recommender form) by the **January 11, 2012** deadline.

### **Hagen Scholarship Foundation - [www.hsfmo.org](http://www.hsfmo.org)**

Application is due by November 15<sup>th</sup>. About 20 scholarships will be awarded to Kansas students in 2012. **Must have a GPA of 3.5 and an ACT composite score of 23. Follow the guideline on the website to fill out an application.**

### **Lang Diesel Inc. (LDI) Service Technician Scholarship and Tuition Reimbursement Program**

LDI selects multiple students to receive a \$4000 award that are enrolled in a diesel mechanics program at a vocational school. LDI will also select multiple students who have already graduated from a diesel mechanics program and will reimburse them for some of their tuition if they are employed with LDI. If a student is interested in diesel mechanics and wants more information about this program, please contact Danielle at the Hays location at 785-735-2651, or see your counselor for a brochure.